

GBS2K26 HIGH SCHOOL NATIONAL COLLEGIATE & MIDDLE SCHOOL

EXPOSURE INDIVIDUAL SHOWCASE

August 7-9, 2026 | AdventHealth Fieldhouse | Winter Haven, Florida

PAGE 1 - EVENT SCHEDULE

FRIDAY, AUGUST 7

TIME	ACTIVITY	LOCATION
6:30-8:30 PM	Player Check-In & Park Night Player registration, Athlete Rated verification, open courts and personal warm-up.	All Courts

SATURDAY, AUGUST 8

TIME	ACTIVITY	LOCATION
8:30-9:00 AM	Player registration and courts open for personal warm-up.	All Courts
9:00-9:25 AM	Session A collegiate workout warm-up and activation.	Courts 1 & 2
9:30-10:20 AM	Session A college skill-session workout rotation. Four 12-minute rotations with a 2-minute break after Rotation 2.	Courts 3-6
9:50-10:15 AM	Session B collegiate workout warm-up and activation.	Courts 1 & 2
10:20-11:10 AM	Session B college skill-session workout rotation. Four 12-minute rotations with a 2-minute break after Rotation 2.	Courts 3-6
11:30 AM-3:00 PM	5v5 showcase games: High School Varsity, High School Junior Varsity and Middle School.	Assigned Courts

SUNDAY, AUGUST 9

TIME	ACTIVITY	LOCATION
9:00-9:30 AM	Courts open for personal warm-up.	Open Courts
9:30 AM	Middle School 1v1 Challenge.	Courts 4A & 4B
10:15 AM	Middle School 3-Point Challenge. Note: Courts 5 & 6 are closed.	Court 4A
11:00 AM	3v3 seeding games and championship competition begin.	Assigned Courts
1:30-2:00 PM	Closing remarks, division recognition and awards.	Main Court

IMPORTANT: Players should report to their assigned court at least 15 minutes before every workout or game. Bring a basketball and water bottle.

5V5 PUBLISHED GAME TIMES

DAY	DIVISION	GAME TIMES
Saturday	HS Varsity	11:30 AM and 1:30 PM
Saturday	HS Junior Varsity	12:45 PM and 2:15 PM
Saturday	Middle School	12:00 PM, 1:00 PM and 2:00 PM
Sunday	HS Junior Varsity	9:30 AM
Sunday	HS Varsity	10:15 AM

PAGE 2 - TEAM ASSIGNMENTS & GAME FORMATS

Use the team letter and team number posted in the gyms to locate every game.

HOW TEAM ASSIGNMENTS WORK

Every athlete will be assigned a 5v5 Team Letter and a 3v3 Team Number on Friday. Assignments will be posted on the walls in the gyms. Use your letter to find your 5v5 games and your number to find your 3v3 seeding game and bracket.

5V5 GAME DETAILS

Game length: 32 minutes.
Rotation format: Five rotations, approximately every 6 minutes.
Team size: Six or seven players per team to provide ample playing time.
Playing-time expectation: A different player should sit during each rotation. Every player should sit at least once, but no player should sit more than twice.
Purpose: Coaches should use the rotation structure to provide every athlete meaningful opportunities to compete and be evaluated.
Arrival: Players should be at the assigned court at least 15 minutes before game time.

3V3 COMPETITION FORMAT

Minimum games: Every player will play at least three 3v3 games.
Seeding: Each team plays one randomly assigned seeding game before bracket play begins.
Bracket: Teams then enter a double-elimination bracket. Once a team loses twice, it is eliminated.
Awards: Winners in each division receive championship rings.

3V3 GAME DETAILS

Roster: Four players per team.
Game length: 20 minutes or first team to 35 points.
Scoring: 2-point and 3-point baskets.
Shooting fouls: Free throws are awarded on shooting fouls.
Personal fouls: Each player is allotted 3 fouls.
Team fouls: Five team fouls result in 1 free throw.
Timeouts: Two 30-second timeouts per team; players on the floor may call them.
Rotations: Rotate every 4 minutes.

PLAYER REMINDERS

CHECK THE WALLS Team assignments and posted schedules will show when and where you play.	ARRIVE EARLY Be at your assigned court at least 15 minutes before every activity.	MONITOR THE BRACKET After each 3v3 game, check the posted bracket for your next matchup.
BE PREPARED Bring a basketball, water bottle and any required uniform items.	COMPETE Show effort, communication, coachability and positive body language.	SPORTSMANSHIP Respect teammates, opponents, officials, coaches and event staff.

LIVE SCHEDULE: basketball.exposureevents.com/directors#eventgridschedule?eventid=253191

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PAGE 3 - COMPLETE COURT SCHEDULE

Use this court-by-court schedule with the team letter and team number posted in the gyms.

DATE / TIME	ACTIVITY	1	1A	1B	2	2A	2B	3	3A	3B	4	4A	4B	5	6
SAT. AUG 8															
8:30-9:00 AM	Late Check-In & Courts Open for personal warm-up														
9:00-9:25 AM	Session A Group Warm-up		A		A										
9:30-10:20 AM	Session A College Skill Session							A			A			A	A
9:50-10:15 AM	Session B Group Warm-up		B		B										
10:20-11:10 AM	Session B College Skill Session							B			B			B	B
11:30 AM	HS 5v5 Games	A v B			C v D			E v F							
12:00 PM	MS 5v5 Games										M v N				
12:15 PM	HS 5v5 Games	G v H			K v L			I v J							
1:00 PM	MS & HS 5v5 Games	A v C			B v E			D v F			M v O				
1:45 PM	HS 5v5 Games	G v I			H v K			J v L							
2:00 PM	MS 5v5 Games										N v O				
SUN. AUG 9															
9:00-9:30 AM	Courts Open for personal warm-up														
9:30 AM	HS 5v5 / MS 1v1	G v J			H v L			I v K			MS 1v1				
10:15 AM	HS 5v5 / MS 3-Point	A v D			B v F			C v E			MS 3PT				
11:00 AM	3v3 Seeding Games		10 v 11	12 v 9		5 v 6	7 v 8		16 v 17	13 v 14		15 v 18			
11:25 AM	3v3 Seeding / Rd 1		1 v 2	3 v 4		2028	2028		2030	2030		19 v 20	21 v 22		
11:50 AM	3v3 Double Elimination		2027	2027		2028	2028		2030	2030		MS	MS		
12:15 PM	3v3 Double Elimination		2027	2027		2029	2029		2030	2030		MS			
12:40 PM	3v3 Double Elimination		2027	2028		2029	2029		2030	2030		MS			
1:05 PM	3v3 Double Elimination		2027	2028		2029			2030			MS			
1:30 PM	3v3 Double Elimination		2027	2028		2029			2030			MS			
1:45 PM	Closing Remarks	Closing Remarks													

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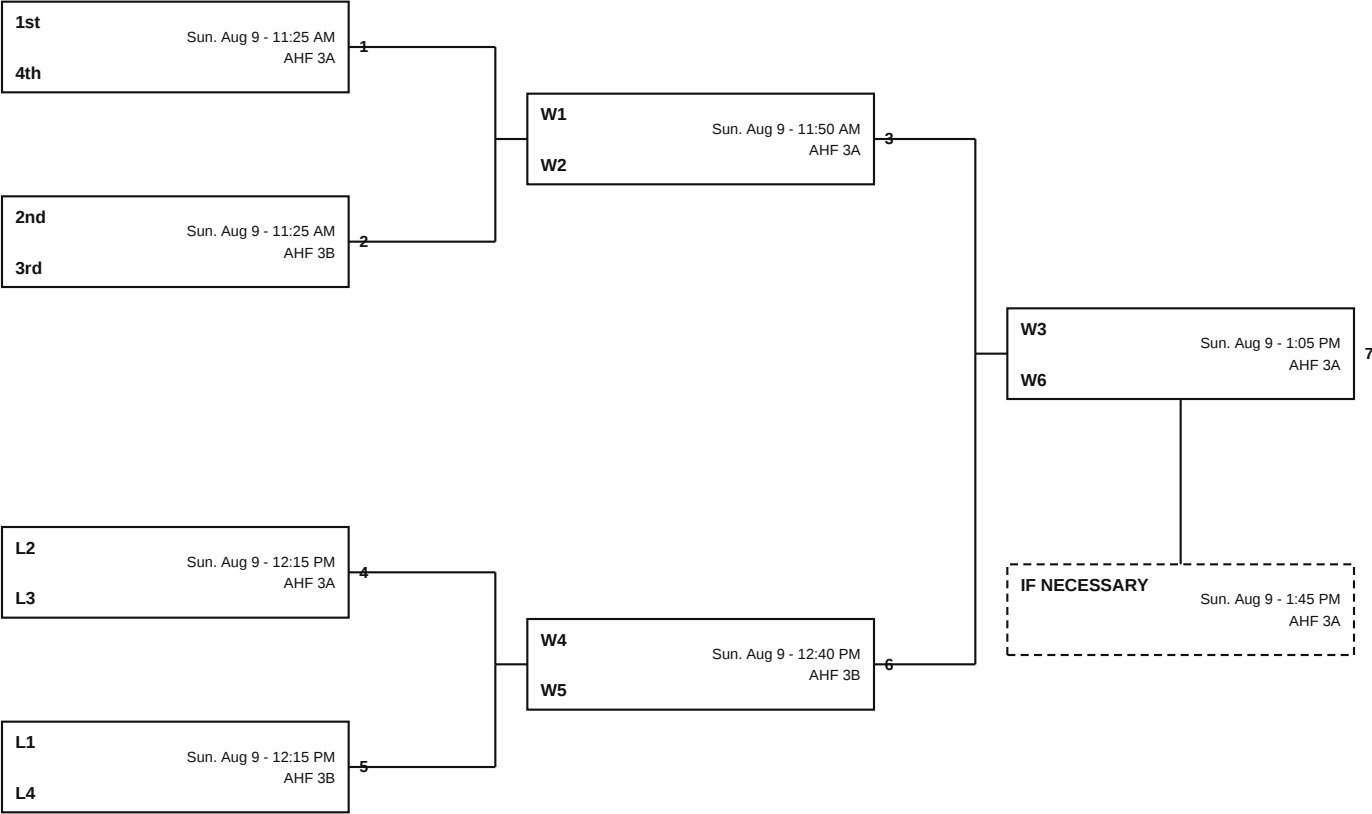
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PAGE 4 - 3V3 FRESHMEN BRACKET

3V3 FRESHMEN DOUBLE-ELIMINATION CHAMPIONSHIP

Away team is listed on top; home team is listed on bottom

Use the posted team number to locate each matchup. Continue checking the bracket after every game.



COURT KEY & BRACKET NOTES

AHF 3A - AdventHealth Fieldhouse Court 3A

AHF 3B - AdventHealth Fieldhouse Court 3B

Double elimination: a team is eliminated after its second loss. Championship reset is played only if necessary.

Revised 8/2/2026 1:16 AM - Powered by Exposure Basketball Events

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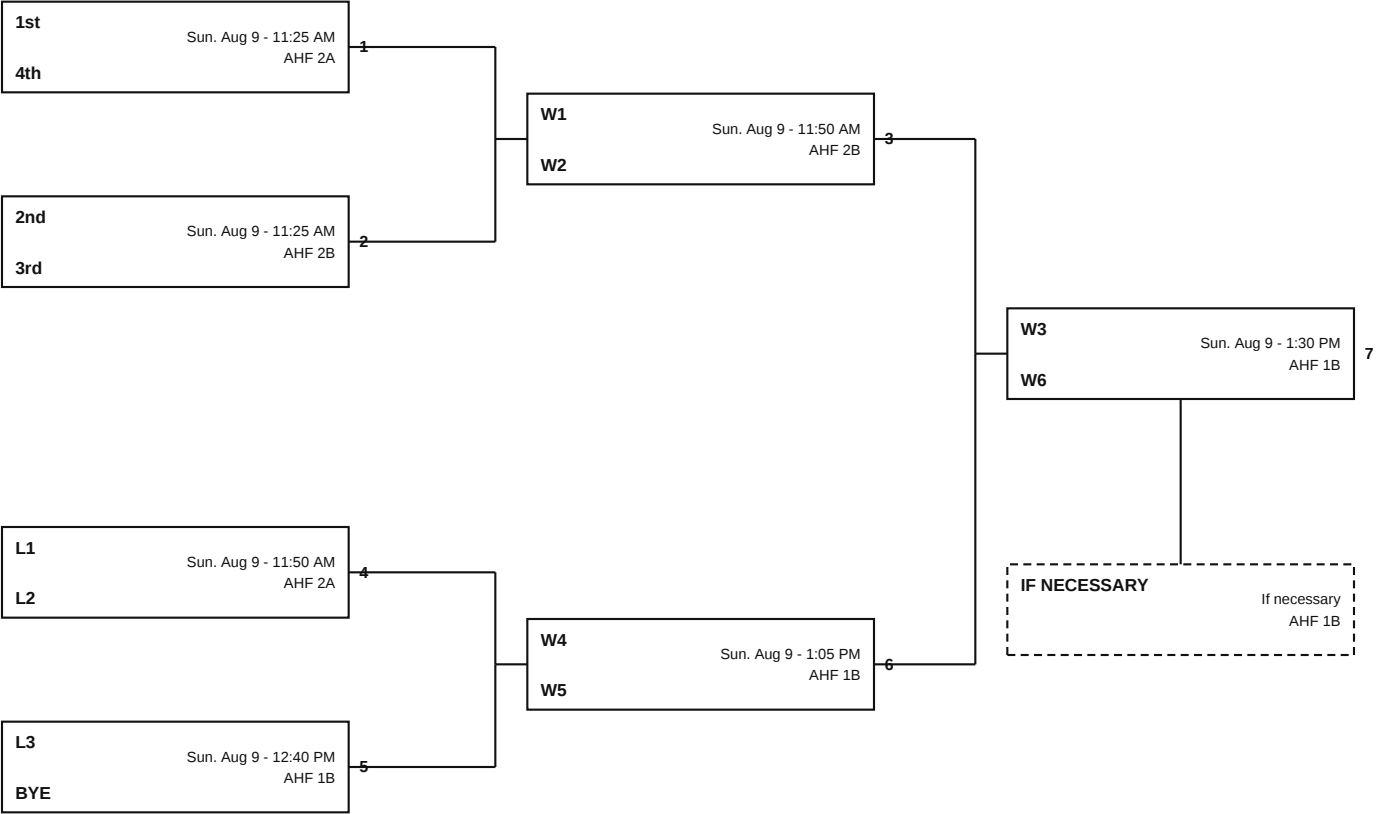
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PAGE 5 - 3V3 JUNIOR BRACKET

3V3 JUNIOR DOUBLE-ELIMINATION CHAMPIONSHIP

Away team is listed on top; home team is listed on bottom

Use the posted team number to locate each matchup. Continue checking the bracket after every game.



COURT KEY & BRACKET NOTES

AHF 1B - AdventHealth Fieldhouse Court 1B

AHF 2A / 2B - AdventHealth Fieldhouse Courts 2A and 2B

Double elimination: a team is eliminated after its second loss. Championship reset is played only if necessary.

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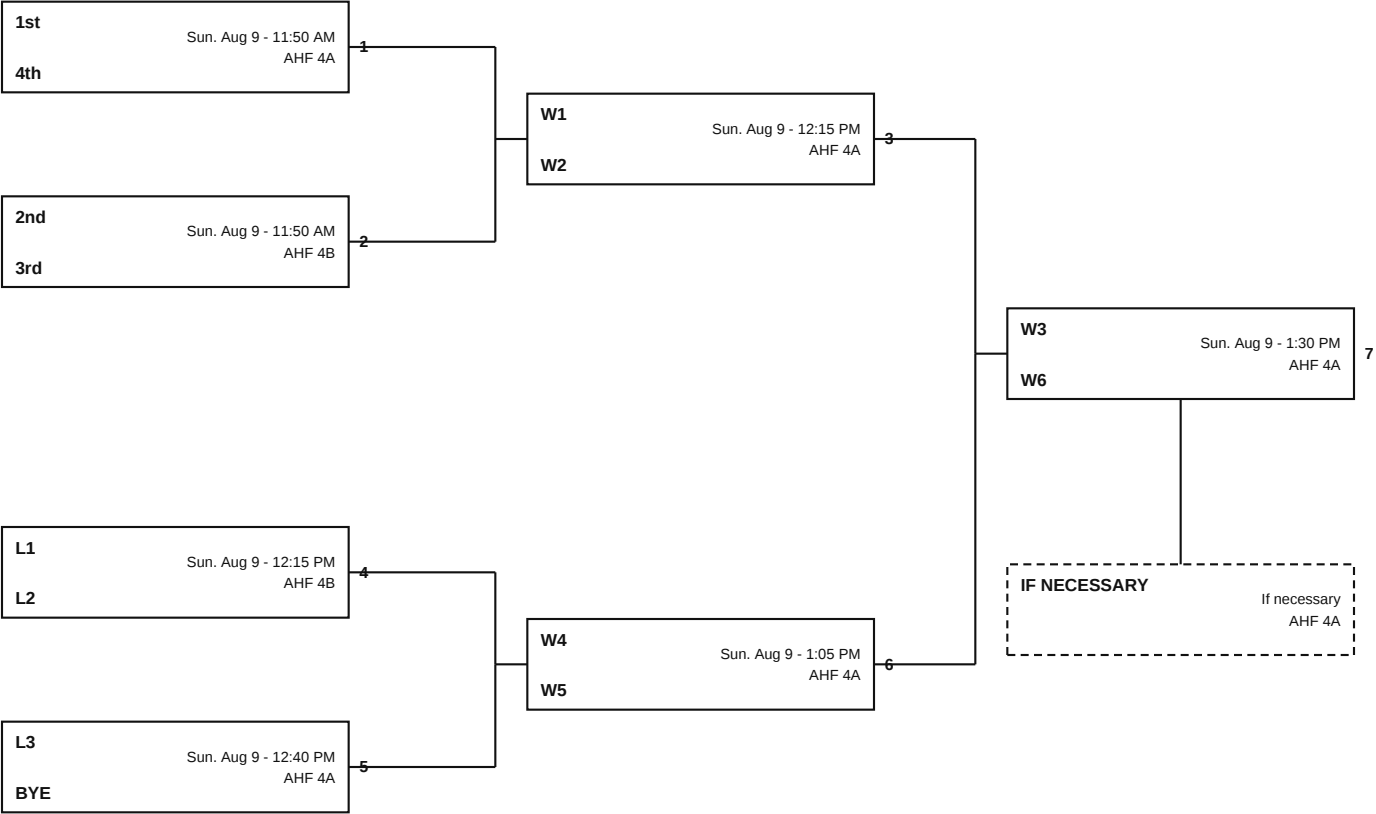
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PAGE 6 - 3V3 MIDDLE SCHOOL BRACKET

3V3 MIDDLE SCHOOL DOUBLE-ELIMINATION CHAMPIONSHIP

Away team is listed on top; home team is listed on bottom

Use the posted team number to locate each matchup. Continue checking the bracket after every game.



COURT KEY & BRACKET NOTES

AHF 4A - AdventHealth Fieldhouse Court 4A

AHF 4B - AdventHealth Fieldhouse Court 4B

Double elimination: a team is eliminated after its second loss. Championship reset is played only if necessary.

Revised 8/2/2026 1:19 AM - Powered by Exposure Basketball Events

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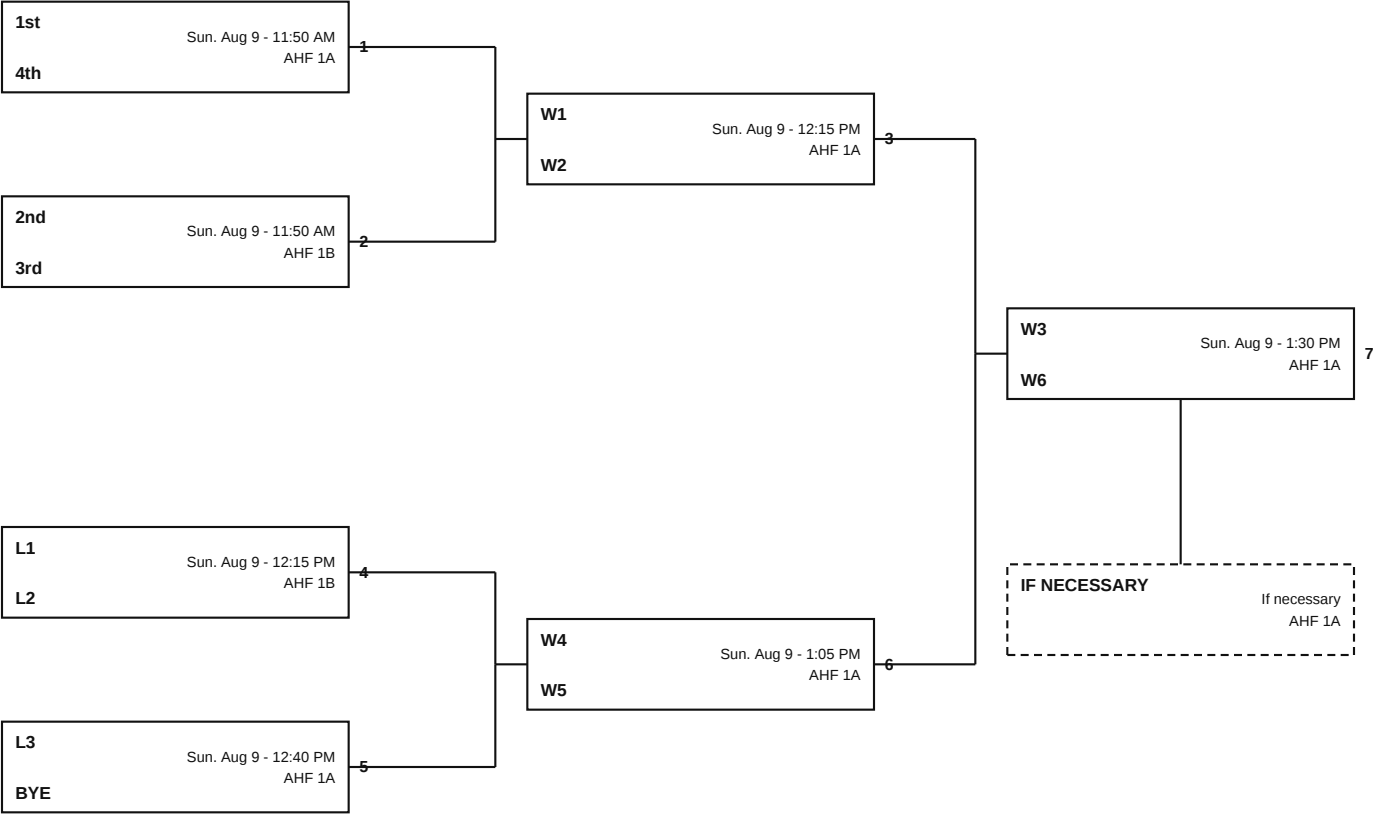
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PAGE 7 - 3V3 SENIOR BRACKET

3V3 SENIOR DOUBLE-ELIMINATION CHAMPIONSHIP

Away team is listed on top; home team is listed on bottom

Use the posted team number to locate each matchup. Continue checking the bracket after every game.



COURT KEY & BRACKET NOTES

AHF 1A - AdventHealth Fieldhouse Court 1A

AHF 1B - AdventHealth Fieldhouse Court 1B

Double elimination: a team is eliminated after its second loss. Championship reset is played only if necessary.

Revised 8/2/2026 1:21 AM - Powered by Exposure Basketball Events

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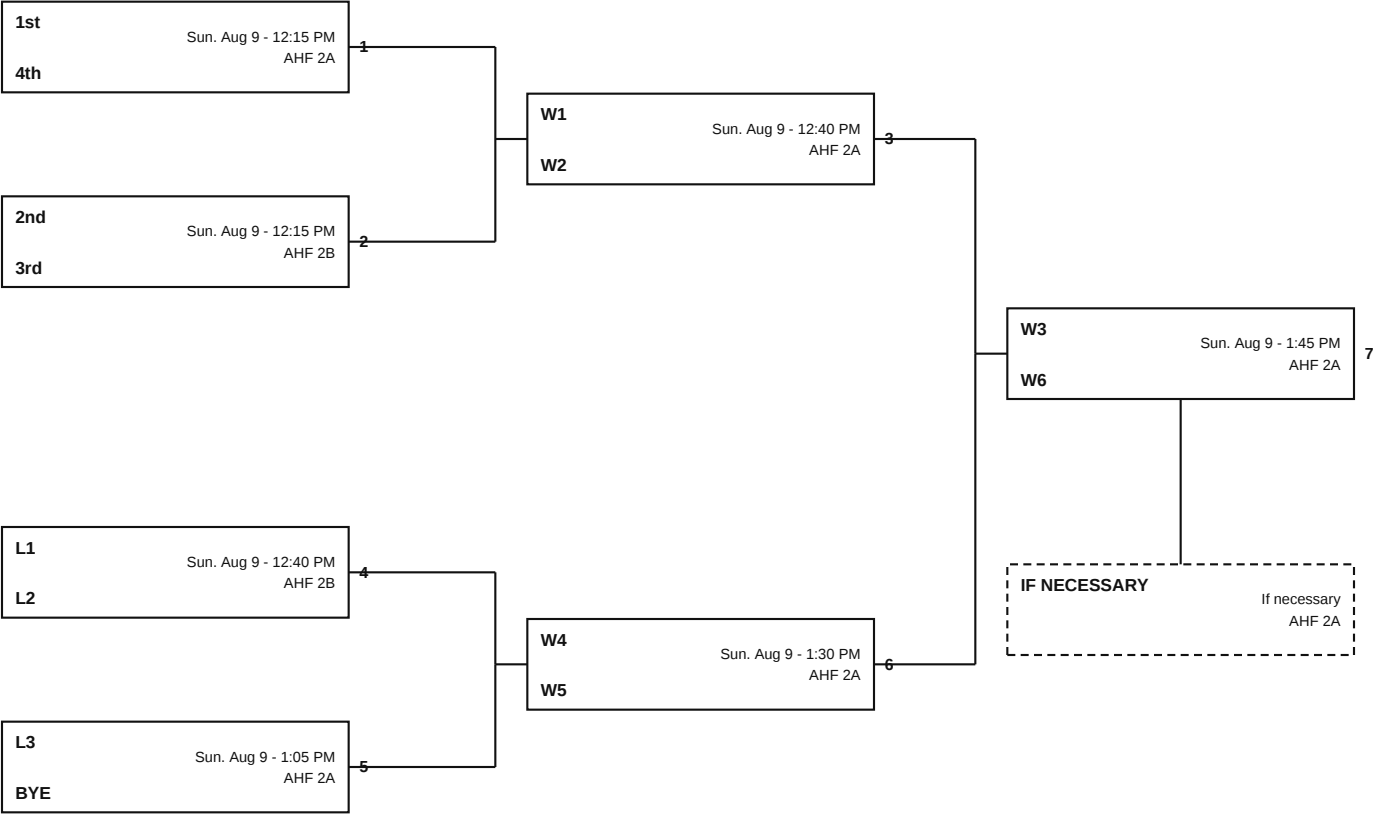
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PAGE 8 - 3V3 SOPHOMORES BRACKET

3V3 SOPHOMORES DOUBLE-ELIMINATION CHAMPIONSHIP

Away team is listed on top; home team is listed on bottom

Use the posted team number to locate each matchup. Continue checking the bracket after every game.



COURT KEY & BRACKET NOTES

AHF 2A - AdventHealth Fieldhouse Court 2A

AHF 2B - AdventHealth Fieldhouse Court 2B

Double elimination: a team is eliminated after its second loss. Championship reset is played only if necessary.

Revised 8/2/2026 1:23 AM - Powered by Exposure Basketball Events