

Syracuse Select Basketball Team League Rules

Standard NY High School Rules With the Following Exceptions for All Divisions

Games Time/Rules: Games consist of two 20-minute running-time halves. The clock stops during the last minute of the first half and the last two minutes of the second half, unless there is a 20-point lead.

Players are Eliminated: A player is disqualified upon committing their 6th personal foul.

Timeouts: Each team is granted three (3) 30-second timeouts per game.

Warm-Ups: Three (3) minutes before each game and a two (2) minute halftime.

Bonus: One-and-one free throws begin on the 10th team foul of the half. Double bonus begins on the 13th team foul of the half.

Overtimes: The first overtime is two (2) minutes with a running clock during the first minute and stop time during the final minute. Any additional overtime periods are one (1) minute with stop time.

Basketball Used: 4th Grade, 5th Grade, and all Girls games will use a 28.5-size basketball. 6th Grade Boys through Varsity Boys will use a 29.5-size basketball.

Conduct: Any coach, player, or fan ejected from a game is not permitted to return to league play until the Syracuse Select Director and the Board #38 Head of Officials have discussed the incident and rendered a decision.

Technical Fouls: The opposing team is awarded two (2) points and possession of the ball. Any coach or player receiving an unsportsmanlike technical foul must meet with the League Director before participating in their next game.

Team Rosters: Teams are limited to 12 players. Rosters must be submitted during Week 1. Once a player has appeared on a roster and participated in a game, that player may not play for another team at the same grade level for the remainder of the Central New York Basketball League season.

Roster Eligibility: No player may compete for two teams within the same grade level. Example: A player on a CNS 6th Grade team may not play for any other 6th Grade team in the league. However, a player rostered on a 5th Grade team may also play on a 6th Grade team.